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### Haute Design's Guide to Tranquil Living Spaces

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October 30, 2023 by Esly Davis

Haute Design professionals are well-versed in the art of transforming rooms into tranquil retreats. In this exploration of their expertise, we unveil the techniques they employ to craft living spaces that invite peace and relaxation.



Photo Credit: Courtesy of: Jimi Smith Photography

# <u>Ryan Hughes Design Build</u> (<a href="https://www.hauteresidence.com/designer/ryan-hughes-design-build/">https://www.hauteresidence.com/designer/ryan-hughes-design-build/</a>)

Designing for tranquil retreats is a fundamental component of professional outdoor living designs by Tampa's award-winning Ryan Hughes Design. Resort-like relaxation is a goal of outdoor rooms of all dimensions and attained in many forms from calming waters to bubbling tile-clad spas, or glowing fire pits to comforting sectionals, daybeds or in-pool loungers. Custom design pergolas also can add definition and cooling shade to exterior resort-like spaces. "Although the entertainment element of outdoor living design is an important consideration, the

desire for calming spaces and relaxing venues is fundamental to creating any outdoor room," said Ryan Hughes, founder and creative director, Ryan Hughes Design. "In our signature exterior spaces, whether through colors or materials, lazy rivers or lighting technology, tranquility is built in.



Photo Credit: Courtesy of: Elizabeth Cinquini Interiors

#### **Elizabeth Cinquini Interiors**

### (https://www.hauteresidence.com/designer/elizabeth-cinquini/)

Designing a tranquil spa-like bathroom retreat offers a haven of serenity to escape life's daily chaos. The pièce de résistance in this endeavor is undoubtedly the custom shower, a sanctuary of relaxation after a demanding day. In this design by Elizabeth Cinquini Interiors, the shower experience is elevated to an unparalleled level.

This shower boasts multiple shower heads and soothing rain showers that cascade like a gentle downpour. Massaging body sprays provide a luxurious touch, easing away the stresses of the day. To complete the experience, a steam shower infused with essential oils offers a transformative and therapeutic escape.

With this exquisite design, the bathroom transcends its utilitarian purpose, becoming a personal spa retreat. It's a testament to the power of thoughtful design in crafting a space that rejuvenates the body and soothes the soul.

Photo Credit: Courtesy of: Leslie Saul & Associates

## <u>Leslie Saul & Associates (https://www.hauteresidence.com/designer/leslie-saul-associates/)</u>

Life can be chaotic, and somewhat out of control, so do yourself a favor and create a calm oasis in at least one of your rooms. This tranquil bedroom in an antique warehouse building on the Boston Waterfront is a classic design; wood floors, white walls and ceiling beams (so many due to its former industrial life), dark wood furniture, and soft blue bedding. The telescope is for star-gazing and boat-gazing on the bustling bay of Boston Harbor. Keeping it simple and decluttered, along with quilted white shades that block sound, cold, and light, ensure a good night's sleep. Isn't that the point of a tranquil bedroom? If you are looking to simplify, unify, and quiet at least one room in your house, give us a call.

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